



# **Family and Social Services Administration**

## **Community and Home Options to Institutional Care for the Elderly and Disabled**

### **Annual Report SFY 2005**

**July 1, 2004 to June 30, 2005**

**Community and Home Options to Institutional Care  
For the Elderly and Disabled  
Annual Report  
FY 2005**

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## **Executive Summary**

The Community and Home Options to Institutional Care Program (CHOICE) was established during the 1987 legislative session through House Enrolled Act (HEA) 1094 and began as a pilot program in Knox, Daviess, and Tippecanoe counties in 1988. In 1990, the program expanded to eleven more counties and by 1992, the program included services to all of Indiana's 92 counties. In 2005, Indiana Code 12-10-10-4 was amended to include an individual asset limit to not exceed the worth of five hundred thousand dollars. CHOICE is funded exclusively with state dollars.

To be an "eligible individual" for CHOICE program services, one must:

- be a resident of the State of Indiana;

- be 60 years of age or older or disabled;

- not have assets exceeding the worth of five hundred thousand dollars, as determined by the IDA; and

- qualify under the criteria developed by the board as having an impairment that places the individual at risk of losing the individual's independence if the individual is unable to perform 2 or more activities of daily living.

CHOICE funding for services is used after all other possible payment sources have been identified and all reasonable efforts have been employed to utilize those sources. While there are no income restrictions on eligibility, CHOICE requires those who can pay all or part of the cost of services to do so. For SFY 2005, the CHOICE program continued to play an important and critical part in providing community and home care services to those individuals who met eligibility requirements.

## **Basis for the CHOICE Annual Report**

IC 12-10-10-11 is the basis for the CHOICE annual report. The code is listed throughout this report along with the appropriate statistics and data from SFY 2005.

**IC 12-10-10-11****Reporting requirements; contents; submission to board and general assembly; funding**

Before October 1 of each year, the division, in conjunction with the office of the secretary, shall prepare a report for review by the board and the general assembly. The report must include the following information regarding clients and services of the community and home options in institutional care for the elderly and disabled program and other long term care home and community-based programs:

**IC 12-10-10-11(a) (1)****The amount and source of local, state and federal dollars spent.**

Total Expenditures (CHOICE, SSBG, Older Americans Act - Title III, Assisted Living, Aged and Disabled, Medically Fragile Children and Traumatic Brain Injury Medicaid Waivers) for State Fiscal Year (SFY) 2005<sup>1</sup>.

Aged and Disabled	\$31,838,237
Assisted Living	\$650,947
Medically Fragile Children	\$1,256,670
Traumatic Brain Injury	\$3,763,245
Social Service Block Grant	\$6,374,493
Older Americans Act-Title III	\$16,227,674
<u>CHOICE</u>	<u>\$36,955,951<sup>2</sup></u>
<b>SFY 2005 Total Expenditures</b>	<b>\$97,067,217</b>

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<sup>1</sup> State Fiscal Year (SFY) runs from 7/1/04 to 6/30/05

<sup>2</sup> This amount includes:

CHOICE funds used for In-Home Services: \$32,345,288 and  
CHOICE funds used for Case Management: \$4,610,303

**IC 12-10-10-11(a) (2)**

**The use of community and home options to institutional care for the elderly and disabled program supplementing the funding of services provided to clients through other programs.**

**SFY 2005**

Total number of clients who used the CHOICE program to supplement the funding of services provided through other programs:

**3,114**

**IC 12-10-10-11(a) (3)**

**The number and types of participating providers.<sup>1</sup>**

**SFY 2005**

Total Number of CHOICE Providers:

**1,796**

**SFY 2005**

Types of Participating CHOICE Providers:

Adult Day Care Centers	Area Agencies on Aging
Assistive Technology Suppliers	Cleaning Service Companies
Construction Companies	Doctors
Faith-Based Social Service Agencies	Home Delivered Meals Services
Home Health Agencies	Home Nursing Agencies
Hospitals	Informal Providers
Legal Service Organizations	Local Housing Authorities
Medical Centers	Medical Equipment Companies
Mental Health Agencies	Pest Control Companies
Pharmacies	Physical Therapists
Transportation Companies	

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<sup>1</sup> Information Source - INsite (Indiana In-Home Services Information System)

**IC 12-10-10-11(a) (4) (A)****An examination of demographic characteristics.****SFY 2005**

Total clients:

**10,275<sup>1</sup>**

<b>Age</b>	<b>Total Number</b>
0 to 18 years old	563
19 to 59 years old	1723
60 years old and older	7989
<b>Total</b>	<b>10,275</b>

<b>Gender</b>	<b>Total Number<sup>2</sup></b>
Male	2975
Female	7274
Unknown	25
<b>Total</b>	<b>10,274</b>

<b>Marital Status</b>	<b>Total Number<sup>3</sup></b>
Widowed	4437
Single	1734
Married	2611
Divorced	1223
Separated	102
Unknown	131
<b>Total</b>	<b>10,238</b>

<b>Race</b>	<b>Total Number</b>
African American	931
American Indian	11
Asian	6
Caucasian	8716
Hispanic (including Mexican)	40
Other	571
<b>Total</b>	<b>10,275</b>

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<sup>1</sup> Information Source – INsite (Indiana In-Home Services Information System)

<sup>2</sup> Differs from total- 1 client had no identified gender

<sup>3</sup> Differs from total- 37 clients had no identified marital status

**IC 12-10-10-11(a) (4) (B)****An examination of impairment and medical characteristics.****SFY 2005**

Impairments and Medical Characteristics of CHOICE clients include:

<b>Diagnostic Classification</b>	<b>Primary</b>	<b>Secondary</b>	<b>Tertiary</b>
Blood Disorders	41	57	46
Circulatory	2,361	2,348	1,687
Congenital	148	39	33
Digestive	113	174	244
Endocrine	954	1,031	696
Infections	38	29	22
Mental Illness	745	708	595
Muscular	1,539	1,523	1,183
Neoplasms	285	163	132
Nervous Disorders	2,038	949	686
Other	645	759	677
Respiratory	510	436	320
Skin	54	68	37
Urinary	125	156	119
No Diagnosis Code	679	1,835	3,798
<b>Total</b>	<b>10,275</b>	<b>10,275</b>	<b>10,275</b>



**IC 12-10-10-11(a) (5)****A comparison of costs for all publicly funded long term care programs.**

<b>SFY 2005</b>	<b>CHOICE</b>	<b>Older Americans Act - Title III</b>	<b>Combined Home and Community-Based Waivers</b>	<b>Social Services Block Grant (SSBG)</b>
<b>Annual Expenditures</b>	<b>\$36,955,591<sup>7</sup></b>	<b>\$16,227,684</b>	<b>\$37,509,099<sup>8</sup></b>	<b>\$6,374,493</b>

CHOICE cost compared to nursing facility cost.<sup>9</sup>

<b>Average CHOICE Cost</b>	<b>Daily</b>	<b>Monthly</b>	<b>Annual</b>	<b>Nursing Facility Case Mix Average Rate</b>	<b>Daily</b>	<b>Monthly</b>	<b>Annual</b>
<b>Total</b>	<b>\$16.72</b>	<b>\$566.37</b>	<b>\$6,796.44</b>	<b>Total</b>	<b>\$107.41<sup>10</sup></b>	<b>\$3,269.29</b>	<b>\$39,231.50</b>

**IC 12-10-10-11(a) (6)****Client care outcomes.****SFY 2005**

CHOICE provided community and home care services as an alternative to institutional care for 10,275 clients.

<sup>7</sup> This amount includes:

CHOICE funds used for In-Home Services: \$32,345,288 and

CHOICE funds used for Case Management: \$4,610,303

<sup>8</sup> Includes Assisted Living, Aged and Disabled, Medically Fragile Children and Traumatic Brain Injury Medicaid Waivers<sup>9</sup> Total is weighted average based on percentage of all older adults and persons with disabilities and length of service. The state share of Medicaid costs is 37.96%. Federal funding provides the remainder.<sup>10</sup> Due to ongoing retroactive rate adjustments.

**IC 12-10-10-11(a) (7) (A)**

**A determination of the estimated number of applicants for services from the community and home options to institutional care for the elderly and disabled program who have one (1) assessed activity of daily living that cannot be performed.**

**SFY 2005**

**CHOICE CLIENTS UNABLE TO PERFORM 1 ADL**

Count
<b>348</b>

**IC 12-10-10-11(a) (7) (B)**

**A determination of the estimated number of applicants for services from the community and home options to institutional care for the elderly and disabled program who have two (2) assessed activities of daily living that cannot be performed.**

**SFY 2005**

**CHOICE CLIENTS UNABLE TO PERFORM 2 ADLS**

Count
<b>2382</b>

**IC 12-10-10-11(a) (7) (C)**

**A determination of the estimated number of applicants for services from the community and home options to institutional care for the elderly and disabled program who have three (3) or more assessed activities of daily living that cannot be performed.**

**SFY 2005**

**CHOICE CLIENTS UNABLE TO PERFORM 3 OR MORE ADLS**

Count
<b>7555</b>

**Total clients 10,285<sup>11</sup>**

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<sup>11</sup> Total number of clients for ADLs count differs slightly from the other CHOICE total client count due to data entry inconsistencies.

**IC 12-10-10-11(a) (7) (A) (B) and (C)**

**The estimated effect of the results under clauses (A), (B) and (C) on program funding, program savings, client access, client care outcomes, and comparative costs with other long-term care programs.**

**For SFY 2005:**

**Program savings**

The average cost per day for CHOICE services was \$90.69 less than the average cost to maintain someone in an institution (\$107.41 vs. \$16.72).<sup>1</sup>

**Client care outcomes**

CHOICE funds provided community and home care services as an alternative to institutional care for 10,275 clients.

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<sup>1</sup> Total is weighted average based on percentage of all older adults and persons with disabilities and length of service. The state share of Medicaid costs is 37.96%. Federal funding provides the remainder.

## **Client access**

In SFY 2005, CHOICE clients had access to an array of services. CHOICE services include the following:

ADULT DAY CARE	MEDICATION SETUP
TRANSPORT-ADULT DAY SERVICES	OCCUPATIONAL THERAPY
SPECIALIZED MEDICAL EQUIPMENT	OTHER NEEDED SERVICES
ASSISTED TRANSPORTATION	PHYSICAL THERAPY
ATTENDANT CARE	RESPITE
BATH AIDE	RESIDENT BASED HABILITATION
BEHAVIOR MANAGEMENT	RESPITE - HOMEMAKER
CASE MANAGEMENT	LPN
ENVIRONMENTAL MODIFICATIONS	SKILLED CARE, RN
FAMILY & CARE TRAINING	Respite Nursing
FOOT CARE	RN
HOME DELIVERED MEALS	SKILLED NURSING
HOMEMAKER	SPEECH THERAPY
HOME HEALTH AIDE	HOME HEALTH SUPPLIES
LPN	SOCIAL WORKER
MEDICATION TIME REMINDERS	TRANSPORTATION
	WHEELCHAIR TRANSPORTATION

**Costs of other funding sources for services and their annual costs compared to CHOICE annual cost<sup>1</sup>.**

<b>Funding Source</b>	<b>Annual Cost - SFY 2005</b>
CHOICE	<b>\$36,955,591</b>
SSBG	<b>\$6,374,493</b>
Older Americans Act - Title III (This includes \$ 9,225,536 for community-based services and \$ 6,972,148 for in-home services.)	<b>\$16,227,684</b>
Medicaid Waivers (Assisted Living, Aged and Disabled, Medically Fragile Children and Traumatic Brain Injury Medicaid Waivers)	<b>\$37,509,099</b>

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<sup>1</sup> Information Source – INsite (Indiana In-Home Services Information System)